

PAYMENT FORM JANUARY PLEASE RETURN BY 20th DECEMBER

Mon 4 th January BEGINNERS 6.00-7.30 £7.50	Mon 11 th Jan NEW BEGINNERS 6.00-7.30 £7.50	Mon 18 th Jan BEGINNERS 6.00-7.30 £7.50	Mon 25 th Jan BEGINNERS 6.00-7.30 £7.50	
Mon 4 th Jan STAGE 3 7.30-9.00 £7.50	Mon 11 th Jan KUNDALINI 7.30-9.00 £7.50	Mon 18 th Jan STAGE 3 7.30-9.00 £7.50	Mon 25 th Jan STAGE 3 7.30-9.00 £7.50	
Tues 5 th Jan Beginners Pilates 5.30-6.30 £5.50	Tues 12 th Jan Beginners Pilates 5.30-6.30 £5.50	Tues 19 th Jan Beginners Pilates 5.30-6.30 £5.50	Tues 26 th jan Beginners Pilates 5.30-6.30 £5.50	
Tues 5 th Jan Intermediate Pilate 6.30-7.30 £5.50	Tues 12 th Jan Intermediate Pilate 6.30-7.30 £5.50	Tues 19 th Jan Intermediate Pilate 6.30-7.30 £5.50	Tues 26 th jan Intermediate Pilate 6.30-7.30 £5.50	
Tues 5 th Jan KUNDALINI 7.30-9.00 £7.50	Tues 12 th jan KUNDALINI 7.30-9.00 £7.50	Tues 19 th Jan KUNDALINI 7.30-9.00 £7.50	Tues 26 th Jan KUNDALINI 7.30-9.00 £7.50	
Thurs 7 th Jan STAGE 2 6.00-7.30 £7.50	Thurs 14 th jan STAGE 2 6.00-7.30 £7.50	Thurs 21 st Jan STAGE 2 6.00-7.30 £7.50	Thurs 28 th jan KUNDALINI 6.00-7.30 £7.50	
Thurs 7 th Jan KUNDALINI 6.15-7.45 £7.50	Thurs 14 th Jan KUNDALINI 6.15-7.45 £7.50	Thurs 21 st jan KUNDALINI 6.15-7.45 £7.50	Thurs 28 th jan KUNDALINI 6.15-7.45 £7.50	
Fri 8 th Jan STAGE 2 7.30 -9.00 £7.50	Fri 15 th jan STAGE 2 7.30-9.00 £7.50	Fri 22 nd Jan STAGE 2 7.30-9.00 £7.50	Fri 29 st Jan KUNDALINI 7.30-9.00 £7.50	
Fri 8 th Jan ASHTANGA 6.00-7.30 £7.50	Fri 15 th Jan ASHTANGA 6.00-7.30 £7.50	Fri 22nd Jan ASHTANGA 6.00-7.30 £7.50	Fri 29 th Jan ASHTANGA 6.00-7.30 £7.50	

**Any late payments after 20th December (with exception of sto)
will be charged 50p additional per class**

Monday day time yoga 0945-1115 £45 (4 th Jan – 8 th Feb)	DE STRESS WORKSHOP Sunday 10th January 0930-1330 £25 inc lunch	MONTHLY GROUP MEDITATION 31ST JAN 7.30-8.30 £5.50
ASHTANGA BEGINNERS 6 WK COURSE £45 SUN 17TH JAN 4.40-6.00PM	MIND AND MEDITATION 6WK COURSE £45 SUN 17TH JAN 6.00-7.30PM	
NEW YOU MIND AND BODY WEIGHT LOSS WORKSHOP SUN 24TH JAN 0930-1330 £25	TANTRIC NUMEROLOGY SUN 21ST FEB 0930-1330 £25 incl lunch	

NAME & CONTACT DETAILS:

AMOUNT PAID	CASH	CHEQUE	STO	BANK TRANSFER
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Dragonfly yoga account details for Bank Transfer:

Sort code 20-30-89 Account Number 43607674 cheques payable to Dragonfly Yoga